

NPA PERSONALITY TEST



This is a 50-question test to assist in the determination of your NPA Character Type.
The charts below will display when all questions are answered.
Instant results!

All questions are answered on a 0 to 4 scale, as follows:

4 = "I agree" or TRUE or Yes!

3 = "I somewhat agree"

2 = Neutral

1 = "I somewhat disagree"

0 = "I disagree" or FALSE or No!

Suggestions: Take a bit of time before answering. Imagine the situations depicted.

Think about yourself rather than about the test. Try to see yourself as others see you. Read the entire list of questions before starting the test.

1. If you succeed, would you like to bask in the limelight of public acclaim? 1

2. Are you a "strong silent type" who rarely attempts to smile and is good at staring people down? 3

3. Is this you: talkative, impatient, much sex appeal, smiles and laughs easily, having a sharp-edged personality? 0

4. When things must get done, are you liable to push people aside and ask questions later? 1

5. With minor stress, do you have a tremulous voice or hesitancy in speech? 1

6. At a quiet party, would you welcome a newcomer with a hearty yell across the room? 1

7. Is this you: quiet, friendly, meticulous, extremely organized, aloof, nice smile, careful handwriting, strong and stubborn? 2

8. Does your laughter tend to the high-pitched, hysterical side? 0

9. Do you tend to be suspicious and confrontational, rather than accepting other people's motives and actions? 3

10. In a touching, emotional situation, would you be unsympathetic to the "weeping weaklings" around you and head for the door? 3
11. In school were you an earnest, introspective student who was hesitant to speak up in class, dying a thousand deaths waiting to be called upon? 1
12. In relaxed social situations, do you speak with a loud, carefully-controlled voice and make intense eye contact with others? 0
13. Are you attracted to activities that are slow moving and require careful attention to detail? 1
14. In school or college would you be attracted to cheerleading, singing, drama or the dance? 0
15. On the stage would you be natural as the villain: cool, calculating, suspicious, vindictive, a stern colorless face, and a dagger at hand? 3
16. Do you have the potential to be a well-organized, dynamic speaker who would never read to an audience from a prepared text? 0
17. Could you be described as hyperactive, unembarrassable, and attracted to good food, sex, travel and excitement? 0
18. Is it possible that you will tangle with the law for vindictive, belligerent, violent behavior? 0
19. When "wronged" by someone, do you typically reply with "the silent treatment" rather than being vocal? 3
20. Do you sometimes "get into a world of your own", become depressed and think that you could survive as a hermit? 0
21. In photographs do you and at least one family member show a broad charismatic smile? 2
22. Could this be you: loud, unrestrained, unsmiling, colorless complexion, tendency to bully, unfocused, unruly, a real brute? 0
23. Are you a nice person who is easily taken advantage of, or bullied, in work or love relationships? 0

24. Is this you: sociable but not sexy, rather loud voice, conventional lifestyle, maternalistic or paternalistic, dynamic, a managerial outlook on life, a bulldog? 0

25. Do these terms apply to you: extroverted, unaggressive, unfocused, warm, vain, sexy, unconventional: a teddy bear or a baby doll? 0

26. When excited does your voice easily become piercing (male) or shrill (female)? 0

27. When you have a seething rage, does the blood drain from your face, giving you a frightening, evil appearance? 1

28. Do people say, much to your annoyance, that you have the "clean gene", or that you are "obsessive-compulsive"? 2

29. Are you rather slow to be drawn into intimate or sexual relationships? 2

30. Could this be you: reserved, well organized, aloof, tending to be sarcastic or cynical, a grin rather than a smile, a coiled spring capable of pouncing on someone? 2

31. Do you get extremely nervous or anxious about speaking in public, even in benign situations? 2

32. Are you an extroverted, active person who has no interest at all in social events or friendly people? 0

33. Do you become more upset than most people if there is a lack of order, neatness or cleanliness? 2

34. When angered, could you be described as tearful, hysterical, and liable to lash out with talons bared? 0

35. If someone were slow at doing something, would you immediately intervene and say with a forceful voice, "Let me help you with that!" 1

36. At a party can you become really carried away while telling people about your interests and expertise? 1

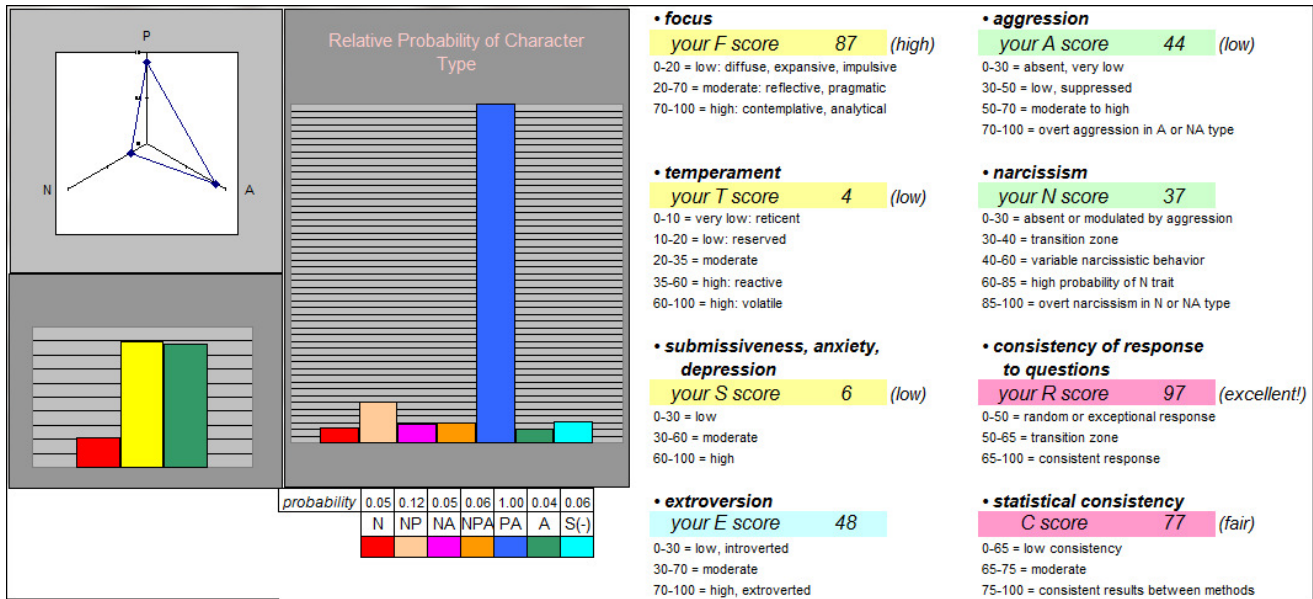
37. Do you generally lack self-confidence or have feelings of free-floating anxiety or inferiority? 1

38. Would you do well in the imagined role of a stern, pallid-faced Roman emperor (empress) capable of harsh judgments? 2

39. Could you picture yourself as a TV anchorperson: likeable, somewhat overbearing, reserved smile, very organized, very focused with a piercing, forceful voice: a really dynamic individual.	0
40. Does colorful adornment, e.g., fancy clothes, rings or accessories of gold, come naturally to you?	0
41. Are you shy in social situations, e.g., small groups, parties, dinners?	0
42. If someone were casually to lay a hand on you, is it likely that you would immediately respond with a punch in the face?	0
43. Are you rather likely to have many short-lived love affairs in which you treat your weaker partner rather cruelly?	1
44. Are you rather slow and very stubborn in getting a task well done?	1
45. Are you (potentially) a good leader because of your dynamic style, your talents for organization, as well as your ease in social situations?	0
46. Do you go at lengths to avoid anxiety-producing confrontations with other people?	1
47. Is your humor reserved, biting and sarcastic, rather than open and jocular?	4
48. Are you more hyperactive and sexually provocative than other people, a vampire in your dreams?	0
49. At a social occasion, would you be at ease in musical, theatrical or clownish situations?	0
50. In sports or games are you be likely to become involved in physical fights in which you really intend to injure, if not kill, your opponent?	0
<i>By selecting "I agree", I acknowledge that (1) this test is to be used for my personal use only, (2) the information herein may, or may not, be applicable to my personal life, and (3) NPA theory involves copyrighted materials.</i>	I agree

-- Important: Be sure that all questions are answered before choosing "I agree".

The two graphs below (left) display the relative probability of your having the traits N, P and A. The bar graph below (right) shows on a relative scale your trends toward N, NP, NA, NPA, PA and A behavior.



**Your S-score was below 20 (very low).
 This is consistent with a dominant character type.**

The S-score is a measure of anxiety, depression or submissiveness in social relations on a scale of 0-100. If the score is >20-30, then it becomes likely that either trait N or A, or both, is only partially expressed. This test does not explore the many possible reasons for a high S-score. The most common reason is suppressed aggression (passive aggressive types) or suppressed narcissism (sanguine borderline types). In individuals having consulted a mental health professional common reasons might be depression or bipolar disorder. The T-score is a measure of temperament, also on a scale of 0-100. Low temperament individuals tend to be reserved or phlegmatic. High temperament individuals tend to be reactive or volatile. The F score is a measure of the degree of organization of an individual's personality, again on a scale of 0-100. Organized individuals with analytical tendencies will tend to score high on this scale, while less focused, expansive or practical individuals will tend to score low.

**Your most probable character type is non-sanguine:
 PA
 (non-sanguine perfectionistic aggressive)**

Dominant character types have fully-expressed traits N and/or A.
 (In non-dominant types, N or A is only partially expressed.)

Possible risk: obsessive, paranoid personality

Optional: ? Do you have any of these conditions:

	OCD (obsessive-compulsive) ▼
sex	male ▼
your age	21-30 ▼
any comments ? (Do you think the test was accurate?)	Some parts of the PA caricature are accurate. My grandmother had Paranoid

Thank you !

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